



you hear the word 'SUCCESS'?

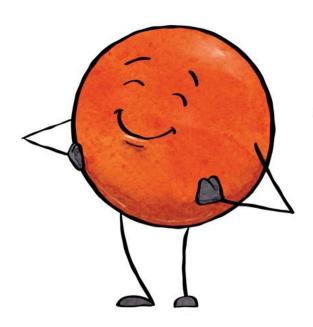




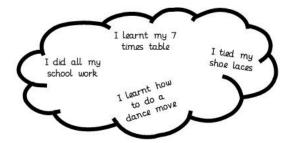
## ACTIVITIES



Success is when you accomplish something that you perhaps wanted to do. It might be a goal that you have met. Sometimes you have to fail many times before you finally succeed at something.



- Think about this week. What have your successes been? There might be lots
  of things that you have succeeded with. It doesn't have to be anything huge,
  just a little thing that you did or learnt. Take time to reflect and think
  about your successes.
- Make a 'PROUD CLOUD'. This is a big cloud shape, and you can add all your successes to your proud cloud. It does make you feel proud when you succeed at something.

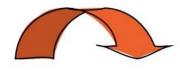


Success feels great but it isn't always an easy journey.



## Affirmations





I can be successful

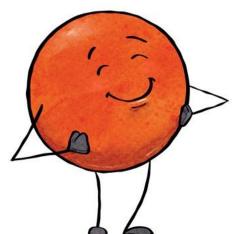
I can be proud of my successes

I can achieve anything if I try

I can accomplish my goals

I can reflect on my successes

Look in a mirror and repeat these statements out loud every single day!

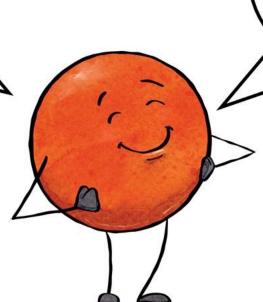












You CAN be successful

