### Friday 15th October 2021

#### Covid

Not much covid related news today. I would like to remind all parents that if children are off isolating for 10 days then it is expected that work is completed and children read every day (unless they are actually ill and wouldn't have been in school anyway). This is something that Ofsted will check up on. Children returning to school after an isolation period who haven't completed any work will be helped to catch up through playtime work or homework. Also, children are not supposed to be out of the house during this period (unless it is for medical appointments). I know it's difficult when you need to go shopping etc. but do please try and find other solutions.

Some nice news...we have to choose a day for an extra day's holiday between now and July. The Queen's Platinum Jubilee takes place next year. There are two bank holidays now on  $2^{nd}$  and  $3^{rd}$  of June 2022. One of these was already a bank holiday but the extra one falls in a school holiday so schools are being given an extra day in lieu. We have decided to stick closely to that date and have selected Monday  $6^{th}$  June as an extra day. So that half-term will start on Tuesday  $7^{th}$  June.

You should have received voting papers for the latest Parent Governor elections. I am sorry about the error in only sending one ballot paper, you should have had another now. If not then please let us know. Each parent has a vote. Please ensure you write your name on the front of the brown envelope so we can be sure of correct procedures.

I have also shared a survey link about school communications this week. Please take a moment to complete it. It is very short.

http://perspective.angelsolutions.co.uk/diagnostics/Survey.aspx?link=68a1c41c-6630-4a2c-b969-2b5685737f8c

We are holding a Parents' Day next week. Hopefully you have received a booking slip for a time slot. If not then please ask. As always, if you can't make that day then please ask the teacher for another day.

## Punctuality (last week in brackets)

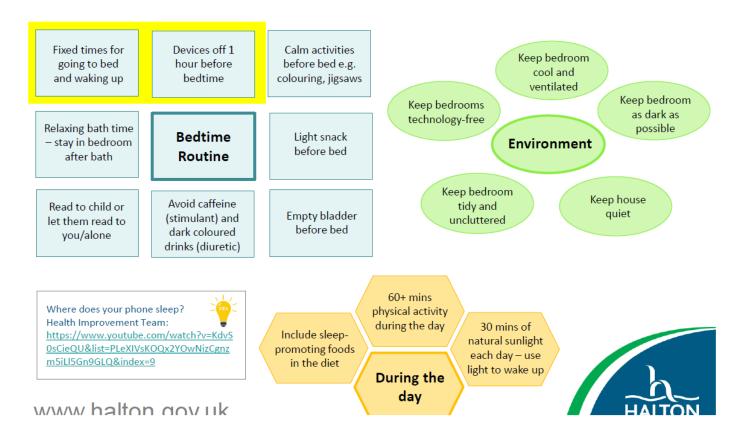
	Sherwood	Delamere	Thetford	Grizedale	Whinfell	Epping
Lates this week	2 (3)	3 (8)	3 (3)	7(1)	5 (7)	0 (1)
Number of children late	2	3	3	4	2	0
Total minutes missed	80(52)	72(61)	22(9)	135(10)	74(66)	0(15)

Late sessions are decreasing but the number of minutes late is worrying. There are a small number of children coming in very late. We need to keep improving

#### Sleep

This week there are some tips on how you can encourage your children to get a better night's sleep. These things always seem to assume that lives run smoothly and children don't share rooms but there are some useful tips about avoiding stimulants like biscuits and caffeine. Having a dark room is an interesting one. I know a lot of children like a night light but if this is something you can gradually withdraw, then I would recommend it.

# Tips for better sleep



## Walrus from Space

I saw an interesting article in the news this week. Apparently walrus numbers are dropping and the World Wildlife Fund are keen to recruit nature enthusiasts to help count them. You can register here and practise counting (it's not as easy as it looks!). They will then send you satellite pictures that you and your child can count and submit. Might be a fun activity to share while contributing to the good of the planet. © https://www.wwf.org.uk/learn/walrus-from-space

Updates and info are easily viewable at

https://www.woodsideprimary.co.uk/

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