



Long Term plan - PSHE

Cycle B (2025 - 2026)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 / 2	Families & Relationships (Unit 2)	Health & Wellbeing (Unit 2)	Safety & Changing the Body (Unit 2)	Citizenship (Unit 2)	Economic Wellbeing (Unit 2)	Transition (Unit 2)
Year 3 / 4	Families & Relationships (Unit 4)	Health & Wellbeing (Unit 4)	Safety & Changing the Body (Unit 4)	Citizenship (Unit 4)	Economic Wellbeing (Unit 4)	Transition (Unit 4)
Year 5	Families & Relationships	Health & Wellbeing	Safety & Changing the Body	Citizenship	Economic Wellbeing	Transition
Year 6	Families & Relationships	Health & Wellbeing	Safety & Changing the Body	Citizenship	Economic Wellbeing	Transition