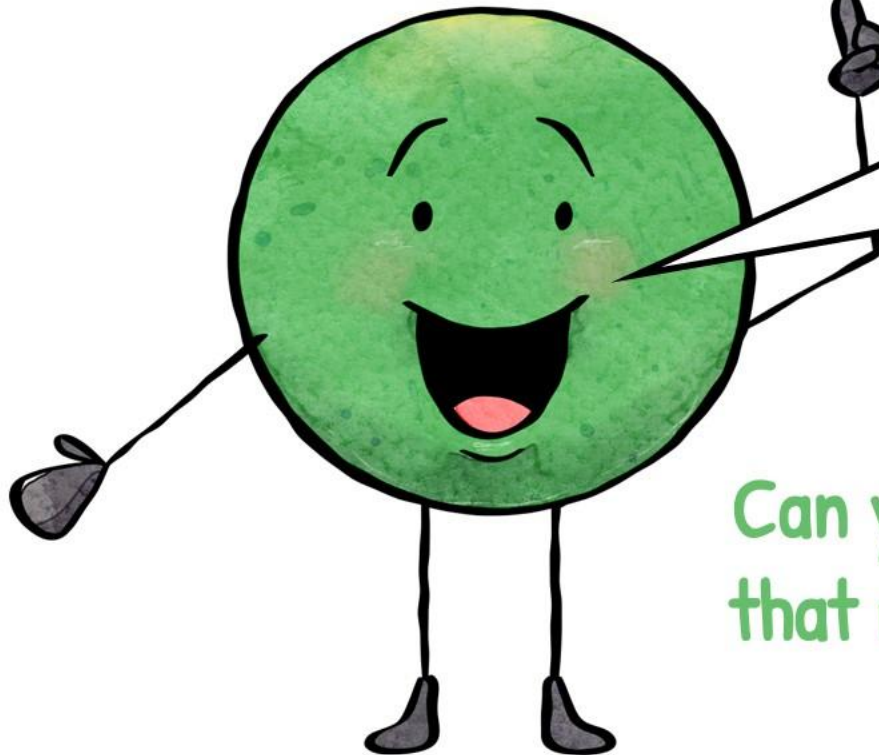


Are you  
ready for ...



**WISHES  
WEDNESDAY**



I have WISHES



Can you think of any other words  
that mean the same or similar to  
the word 'WISHES'?

# Words



Did you  
think of any  
of these?

dreams

hopes

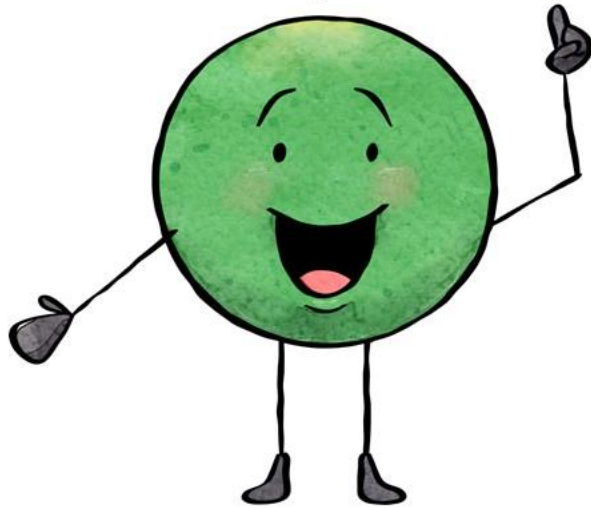
goals

ambitions

Can you think of a time when you had a wish?



# Activities



- Make a list of 3 things you CAN do and 1 thing you WISH you could do.
- Think about your wish and draw a BIG STAR on a piece of paper to write your wish
- Around your wish think of things that could help you to achieve this wish. Draw or write them down
- Now start making your wish come true. You can do this!



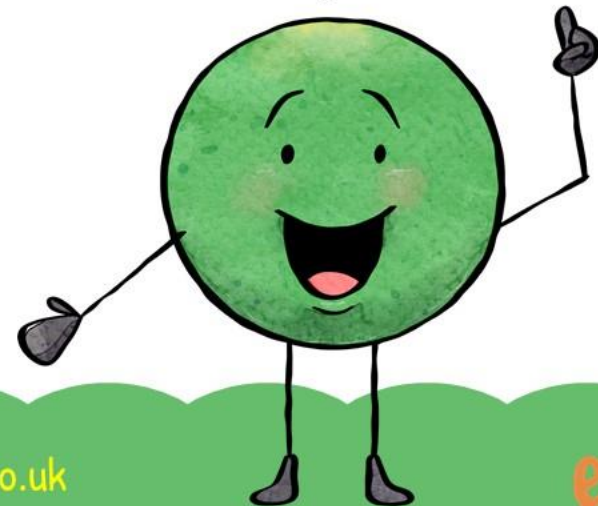
Always have wishes and goals. It feels great!

# Affirmations



I can have wishes  
I can have goals  
I can have hopes  
I can have dreams  
I can have ambitions

Look in a mirror and  
repeat these  
statements out loud  
every single day!





Awesome  
work!

Do you have  
a wish?

