

Friday 26th March 2021

Covid

There has been a bit of confusion this week over the requirement to get tests and which symptoms would mean a test is needed. Sorry about that but it is a confusing picture at the moment and many schools are having the same problem. The message from public health is that the classic symptoms of high temperature, persistent cough and/or loss of taste means a PCR test is needed at a local test centre. Other symptoms like runny nose, tummy ache and headache could be a covid sign in children so you are advised to get a test. If you can't get a test for whatever reason then it is best to wait until the symptoms go before returning to school as you would with any regular illness. When making decisions please bear in mind the health and well-being of staff. We have up to 30 children in a room so the risk is much greater for us.

Also can I repeat the message that if anyone is symptomatic then you must use a PCR test at a local centre. They can also be ordered from the government website. The quick LFD tests are only for non-symptomatic testing. These can also be ordered from the government website. We have also ordered more of the postal tests (PCR) if you ever need any.

Thank you for all the lovely holiday messages. It showed that just under half are reading the newsletter. There may be more and some of you forgot to reply. It was really nice reading what you would like to do. Many of you didn't really want anything fantastic on the other side of the world...just a day out with the family or a walk on the beach.

This week your child can win a prize if you email back the name of your favourite song 😊

Can I remind parents that any playtime snacks sent in should be healthy/low sugar options please. Muesli bars, fruit winders etc are fine but not sugary treats. Also, more and more children seem to have juice in their bottles. I will allow this as long as it is a sugar-free option please.

As well as this letter, you should also receive from Joanne some flyers about events that you may be interested in in the next few weeks. There was a mental health crisis one sent the other day. This could be for children or adults. Ring any time on 0800 051 1508.

Joanne has also done the meal vouchers for Easter. If you haven't already received them then they should arrive by email soon.

If you are having any problems then here are some helpful numbers

☎ Samaritans 116 123

☎ Mind 0300 123 3393

☎ Calm 0800 58 58 58

☎ Women's Aid 0808 2000 247

☎ Age UK 0800 678 1602

☎ Childline 0800 1111

☎ YoungMinds 0800 018 2138

Updates and info are easily viewable at

<https://www.woodsideprimary.co.uk/>

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Thank you ☺